



List of Recommended Resources

1. FOR LOOKING UP CLINICAL INFORMATION:

GP Infant Feeding Network:	gpifn.org.uk
Hospital Infant Feeding Network:	hifn.org
Academy of Breastfeeding Medicine:	bfmed.org
Dr. MILK (American Physician Breastfeeding):	drmilk.org
Dr Jack Newman (Canadian Paediatrician and IBCLC):	breastfeedinginc.ca
NICE Mastitis Guideline:	cks.nice.org.uk/mastitis-and-breast-abscess

2. FOR LOOKING UP MEDICATION INFORMATION:

UK DILAS (Drugs In Lactation Advisory Service):	sps.nhs.uk/articles/ukdilas
The Breastfeeding Network Drug Factsheets:	breastfeedingnetwork.org.uk
Lactmed (National Institute of Health):	ncbi.nlm.nih.gov/books/NBK501922
Hale's Medications and Mothers' Milk:	halesmeds.com

3. FOR PEER SUPPORT FOR BREASTFEEDING DOCTORS:

Breastfeeding For Doctors: Peer Support (U.K. based):	facebook.com/groups/BFDoctors
Dr. MILK (U.S.A. based):	facebook.com/groups/drmilk

4. FOR BREASTFEEDING INFORMATION FOR LAY PEOPLE:

UNICEF (Baby Friendly Initiative):	unicef.org.uk/babyfriendly
La Leche League UK:	laleche.org.uk
Association of Breastfeeding Mothers:	abm.me.uk
The National Breastfeeding Helpline:	nationalbreastfeedinghelpline.org.uk
Emma Pickett IBCLC:	emmapickettbreastfeedingsupport.com
Breastfeeding Support (Philippa Pearson-Glaze IBCLC):	Breastfeeding.Support
Kellymom (Kelly Bonyata IBCLC):	kellymom.com
Nancy Mohrbacher IBCLC:	nancymohrbacher.com



List of Recommended Resources

5. FOR BREASTFEEDING RELATED RESOURCES:

BASIS (Infant Sleep):	basisonline.org.uk
Infant Feeding (all aspects of nutrition):	firststepsnutrition.org
The Beyond Sleep Training Project:	thebeyondsleeptrainingproject.com
Holistic Sleep Coach/IBCLC/Paediatric Nurse:	lyndseyhookway.com
Breastfeeding The Brave (Breastfeeding thru Serious Illness):	feedsleepbond.com/breastfeeding-the-brave

6. FOR PATIENT REFERRAL:

Find an IBCLC (Lactation Consultant):	lcgb.org/find-an-IBCLC
Find a Tongue-tie Practitioner:	tongue-tie.org.uk/find-a-practitioner
Human Milk Banks (for donation or receiving):	ukamb.org/milk-banks heartsmilkbank.org

7. FOR SPECIALTY SPECIFIC (GUIDELINES):

For Anaesthetists/EM/Surgeons:

Guideline on anaesthesia and sedation:	https://doi.org/10.1111/anae.15179
Analgesics Factsheet	https://www.breastfeedingnetwork.org.uk/analgesics

For Radiologists/EM/Surgeons:

Contrast scan
radiology.ie/images/uploads/2012/01/Breastfeeding-and-contrast-guideline2.pdf

CT scan
breastfeedingnetwork.org.uk/ct

MRI scan
breastfeedingnetwork.org.uk/mri

Article by Jack Newman
www.ncbi.nlm.nih.gov/pmc/articles/PMC1952588

8. FOR EDUCATION VIA SOCIAL MEDIA:

Breastfeeding For Doctors

Twitter **@milkymedics**

Instagram **@breastfeedingfordoctors**

Facebook **facebook.com/BreastfeedingForDoctors**

#bf4docs

#breastfeedingbytes

#savetimeprotectbreastfeeding

#dontsaystoplookitup

#FeedOn

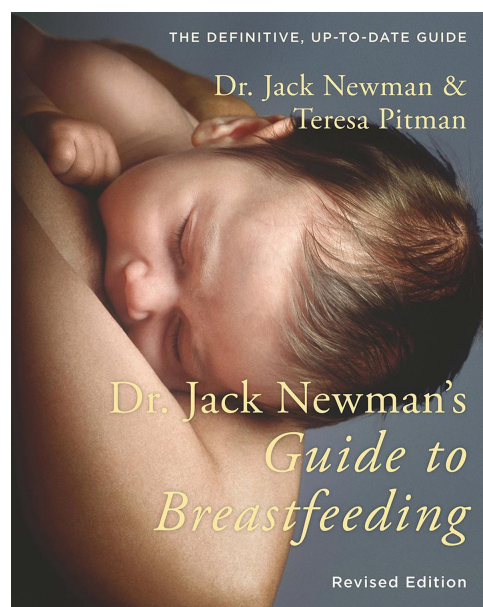
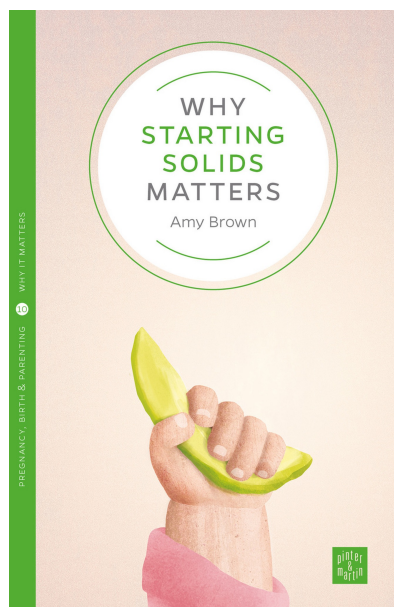
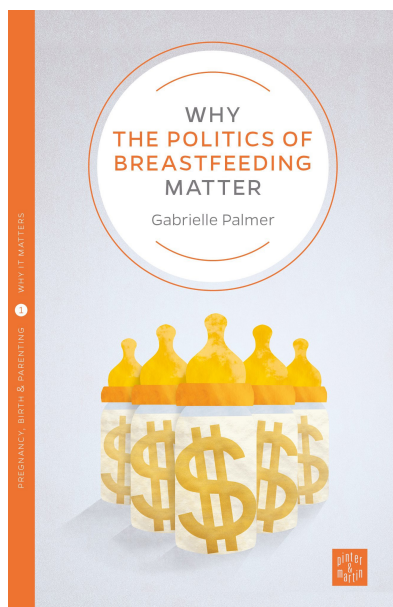
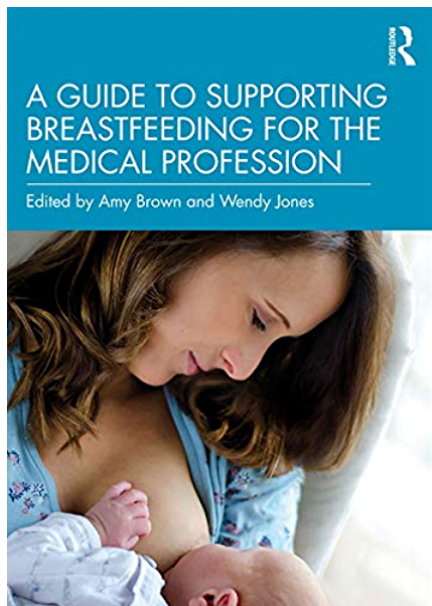
#InfantFeeding



List of Recommended Resources

9. BOOKS

Recommended books for healthcare professionals and lay persons:



We would love to hear from you!

Write to us: Office 74406, PO Box 6945, London, W1A 6US

Email us: breastfeedingfordoctors@gmail.com